

MEDITATION REPORT FOR THE AGM 2019

We are fortunate to have 3 regular groups on the Coast. There are two in Orewa and one in Manly. Please check the Parish Diary in the Newsletter for details. Two of our members also hold weekly groups in their Villages. All are ecumenical.

Our NZCCM (Community of Christian Meditation) offers a great deal of help throughout the year while the WCCM (World Community of Christian Meditation) is regularly sending inspiring thoughts and news of the many happenings in our huge Community throughout the world.

Early this year we were privileged to have our world Director, Father Laurence Freeman OSB, give us yet another 5 day silent Retreat held at the Waikato University. Over 100 took advantage of what is likely to be Laurence's last visit to N.Z.

Hot on the heels of this wonderful Retreat came a two day Meditation Seminar, held at the Clinical Education Centre in Auckland City Hospital. It was titled 'Contemplative Care - Healthcare and Meditation. Well over 100 caring 'experts' attended - doctors, nurses, Chaplains, Lecturers, Cultural Coaches & Supporters, a Buddhist Chaplain and a Medical Director. These experts came from all over N.Z. to share their knowledge and to learn the wonderful effects of meditation.

Easter this year saw the first Retreat held at Bonnevaux, our new International Centre in France. It has been described by world leaders as a Centre for World Peace. Many Kiwi meditators will be planning to make a Retreat at this wonderful place.

We invite you all to pop into a meeting some time just to see how it all works. Check the Parish Diary for places and times. You can also check it on one of the following sites to learn more about the wonderful world of Meditation.

www.christianmeditationnz.org.nz

www.christianmeditation.org.uk